## Participant Guide

## Session 15: Final Thoughts

Use this to engage more fully as you listen to this session. Pause the video. Answer these questions as the session unfolds. Dig in.

| 1. What degree of courage do you have to act on what you've |                               |
|---|-------------------------------|
| learned? What is causing that?                              |                               |
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| 2. How effective are you at changing yo                     | our own habits?               |
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| 3. What benefits would you receive by                       | engaging in our Gold Service? |
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